

## “Genesis 1:1”

I. In times of trouble, where does my help come from?

“I lift up my eyes to the mountains—

where does my help come from?

My help comes from the **LORD**,

the **Maker** of heaven and earth.”

Psalm 121:1-2 (NIV)

- The most fundamental 5 words in the Bible

→ “**In the beginning, God created**” (Genesis 1:1)

II. If you are worried, then

→ **Look** at nature!

→ Remember that **God** created it all!

→ Remember that if God is **powerful** enough to create it,  
then God is also powerful enough to **take care** of **you!**

III. Brain Exercise – “How we know this world had a beginning”